

I N D I A N A W I C

*You are invited to
participate in a
**Regional Networking
Opportunity***

*to address the
**Healthy People 2020
Breastfeeding Goals***

- *Early postpartum 81.9%*
- *At 6 months 60.5%*
- *At 12 months 34.1%*
- *Exclusively through
3 months 44.3%*
- *Exclusively through
6 months 23.7%*

For more information
or to register contact

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OR

Indiana WIC State Breastfeeding
Coordinator
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I N D I A N A W I C

Supplemental Nutrition Food Program for
Women, Infants, and Children
(An Equal Opportunity Provider)

**BUILDING
BRIDGES
FOR BREASTFEEDING
DURATION**



**CONNECTING
BRIDGES
TO BREASTFEEDING
SUCCESS**

Initiative of The Indiana WIC Program

This 3½ hour training program is paid for by a special grant and there is no charge for attendance. Best practices for working with breastfeeding mothers is an Indiana priority. Learn, as we work together, to meet Breastfeeding Objectives.

Program Topics

- Off to the best start with Breastfeeding
- Techniques to facilitate the best latch
- All about Laid Back Breastfeeding
- Dealing with guilt
- Addressing supplementation
- Feeding behavior of the late preterm
- Bridging the gap between hospitals and community partners
- 5 “Baby Friendly Practices” sure to increase breastfeeding duration

Attendance is appropriate for all hospital personnel who support mothers in the postpartum period. Community partners are encouraged to attend as well as physicians, nurses, social workers, and others who work with mothers and infants.

Building Bridges Provides Education and Networking Opportunities

Evidence Based Practice in Breastfeeding

**Discharging Mothers Confident
in Breastfeeding**

**Building Bridges with WIC
& Community Partners**



INDIANA WIC

May 5, 2011

Wishard Hospital

Meyer's Auditorium

1002 Wishard Blvd

Indianapolis, IN

Morning Session

8:00-11:30

Repeated Afternoon Session

1:00-4:30

Presented By

Jan Barger, RN, MA, IBCLC, Wheaton IL

Jan has worked in maternal child health since 1972 and is an IBCLC in private practice and with Wheaton Pediatrics in the Chicago area. Jan has served on the IBCLC board and exam committee and was the 1990-92 International Lactation Consultant Association (ILCA) President. She is the coauthor of Blueprints for Public Health Professionals.

Carole Peterson, MS, IBCLC, Fort Wayne IN

Carole was a lactation consultant for a WIC Clinic and chairperson for the Indiana WIC Breastfeeding Committee for 17 years. She is now a WIC Regional Center Coordinator in Indiana. Carole is a trainer for the Indiana WIC Peer Counselor Program, and she is chair of the NWA Breastfeeding Committee. She was an associate instructor in child development at Indiana-Purdue University in Fort Wayne, and she is a co-author of Blueprints for Public Health Professionals.